

Course Unit Outline	
Unit Code	C7249
Unit Name	Human Development & Pastoral Counselling
Unit Weighting	9 cps
Type of Unit	Intermediate
Prerequisites	P7101
Academic Staff	Anthony Maher BA (Durham 1990), MA (Lancaster 1996), FHEA (London 2007), PhD (ACU 2011). The Faculty Register lists all faculty accredited to teach this course unit.
Curriculum Objectives	This course unit provides for an understanding of the physical, social, psychological and spiritual dimensions of the human life cycle through all the stages from infancy to older age. As such, it provides knowledge of life experiences that can be addressed in pastoral care and counselling.
Learning Outcomes	At the end of this units students will be able to: <ol style="list-style-type: none"> 1. demonstrate a sound knowledge of the stages of the life cycle as described by a number of developmental theorists 2. identify the developmental nature of faith and moral reasoning 3. critique contemporary gender issues 4. address developmental concerns within pastoral care and counselling 5. demonstrate increased self-awareness of developmental issues within their own lives
Threshold concept to be acquired in this unit	Analyse 'the self' as both an obstacle and facilitator in the process of pastoral care and counselling.
Content	<ol style="list-style-type: none"> 1. Life cycle theorists, eg Freud, Erikson, Jung, Bronfenbrenner 2. Moral & faith development: Piaget, Kohlberg, Fowler 3. Developmental tasks: e.g. early attachments, identity, sexuality, career, marriage & family, mid-life changes, ageing 4. Issues pertaining to gender studies 5. The life cycle and pastoral counselling
Learning Activities	Lectures, seminars, student presentations, case studies
Required Specialist Facilities or Equipment	
Assessment Profile	<p>Assessment tasks are designed to both help students to attain the unit outcomes and to enable teachers to assess student attainment. In this unit, assessment of student achievement with respect to the unit outcomes will be based on:</p> <p>Assessment 1. A review of a critical book within one of the 'schools of thought' in pastoral counselling. (Outcome 5)</p> <p>Assessment 2. An analysis of a particular pastoral counselling case (recorded on DVD) with a written self-analysis of performance. (Outcomes 1, 2, 3)</p> <p>Assessment 3. A thematic essay synthesising theory and pastoral ministry. (Outcome 4)</p>
Representative References	

1. Bond, Tim. *Standards & Ethics for Counselling in Action*. 3 ed. London: Sage Publications, 2009.
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3. Casey, Andrew, Windy Dryden, et al *Cognitive–Behavioural Counselling in Action*. London: Sage Publications, 2011.
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5. Doehring, Carrie. *The Practice of Pastoral Care: A Postmodern Approach*. Louisville, KY: Westminster John Knox Press, 2006.
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6. Dykstra, Robert, ed. *Images of Pastoral Care*. Atlanta, GA: Chalice Press-Christian Board of Education, 2005.
7. Geldard, K and D Geldard. *Counselling Adolescents: A Proactive Approach to Young People*. London: Sage Publications, 2009.
8. Heyse-Moore, L. & Colin Murray Parkes. *Speaking of Dying: A practical Guide to using counselling skills in Palliative Care*. London: Jessica Kingsley Publishers, 2010.
9. Humphrey, Geraldine, & Zimpfer, David. *Counselling for Grief & Bereavement*. London: Sage Publications, 2007.
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12. McLeod, John. *An Introduction to Counselling*. 4th ed. New York, NY: McGraw-Hill, Open University Press, 2009.
13. Nelson-Jones, Richard. *Basic Counselling Skills*. London: Sage Publications, 2007.
14. Osmer, Richard. *Practical Theology; An Introduction*, Grand Rapids, MI: Eerdmans, 2008.
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15. Pembroke, Neil. *Renewing Pastoral Practice: Trinitarian Perspectives on Pastoral Care & Counselling*. Surrey, UK: Ashgate Publishing, 2006.
16. Sils, Charlotte. *Skills in Gestalt Counselling and Psychotherapy*. London: Sage Publications, 2009.