### Course Unit Outline

<table>
<thead>
<tr>
<th><strong>Unit Code</strong></th>
<th>S7102</th>
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<tbody>
<tr>
<td><strong>Unit Name</strong></td>
<td>Introduction to Christian Spirituality</td>
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<td><strong>Unit Weighting</strong></td>
<td>9</td>
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<tr>
<td><strong>Type of Unit</strong></td>
<td>Foundational</td>
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<tr>
<td><strong>Prerequisites, corequisites or exclusions</strong></td>
<td>Nil</td>
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<tr>
<td><strong>Academic Staff</strong></td>
<td>David Ranson  Theol.M (MCD, 1998), PhD (ACU, 2009), Senior Lecturer</td>
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#### Curriculum Objectives

This course unit develops a comprehensive introduction to, and overview of, the topic of Christian Spirituality focussing on its biblical, theological and historical premises and practice from a denominational perspective.

#### Learning Outcomes

At the end of this unit students will be able to:

1. Elucidate a clear understanding of what is meant by the term ‘spirituality’;
2. Identify the historical and cultural influences upon the development of Christian spirituality;
3. Distinguish the nature of Christian Spirituality and sketch its primary characteristics;
4. Evaluate various kinds of spiritual disciplines or practices within the Christian tradition against their biblical and theological foundations;
5. Apply insights from a variety of expressions in Christian spirituality to their own spiritual formation and practice.

#### Threshold concept to be acquired in this unit

The specificity of the Christian Spiritual pathway.

#### Content

1. Influences on the Origins of Christian Spirituality
2. Christian Spirituality as Discipleship of Christ
3. Trinitarian Trajectory of Christian Spirituality
4. The Paschal Reality of Christian Spirituality: Cross and Resurrection
5. Practices of Conversion and Transformation
6. The Role of the Christian Community in Christian Spiritual Life and Practice
7. Missionary Aspects of Christian Spirituality

#### Learning Activities

Lectures, Tutorials, Student Presentations

#### Required Specialist Facilities or Equipment

Nil

#### Assessment Profile

In this unit, the assessment tasks will involve students:

1. Engaging various historical and contemporary reflections and perspectives on the dimensions of Christian Spirituality in light of the students own experience and practice (e.g. in a Portfolio of Reaction Papers) (Outcomes 2 and 5)
2. Researching and exploring a significant theme in the practice of Christian Spirituality from a biblical, historical and contemporary perspective (e.g. in a Major Essay) (Outcomes 3 and 4)
3. Reflecting in a personal way on cultural and contemporary perspectives on spirituality (e.g. in a Personal Evaluation) (Outcome 1)

#### Representative References